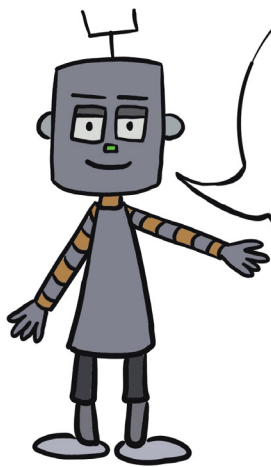
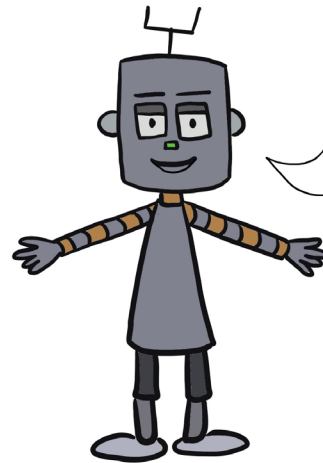


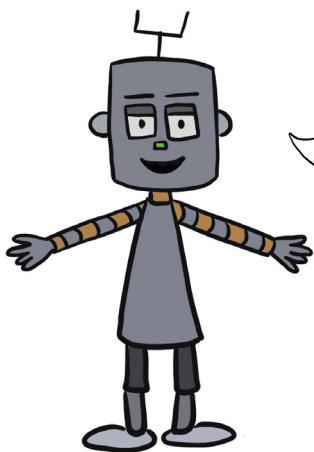
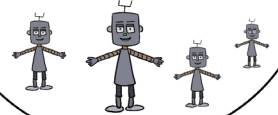
# Making Sense of Humans



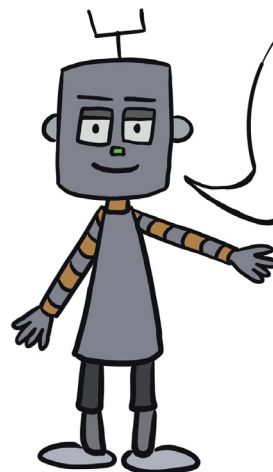
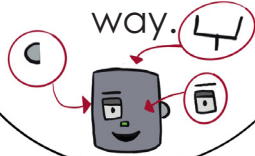
Hi, I am a robot.



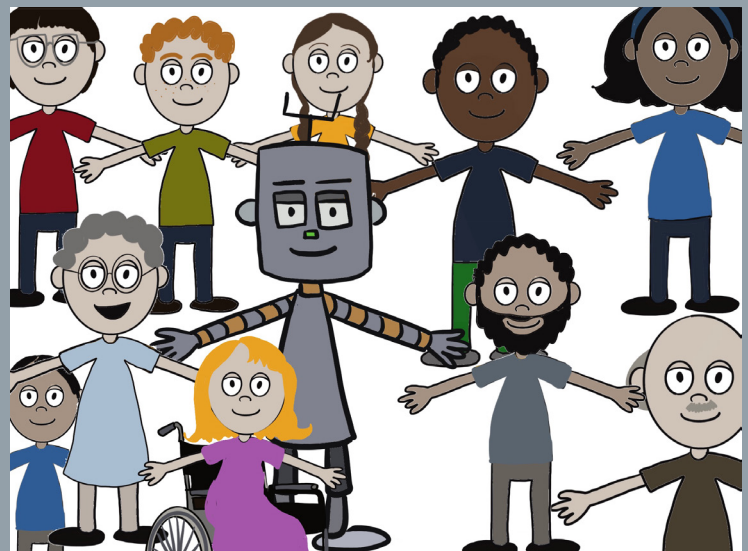
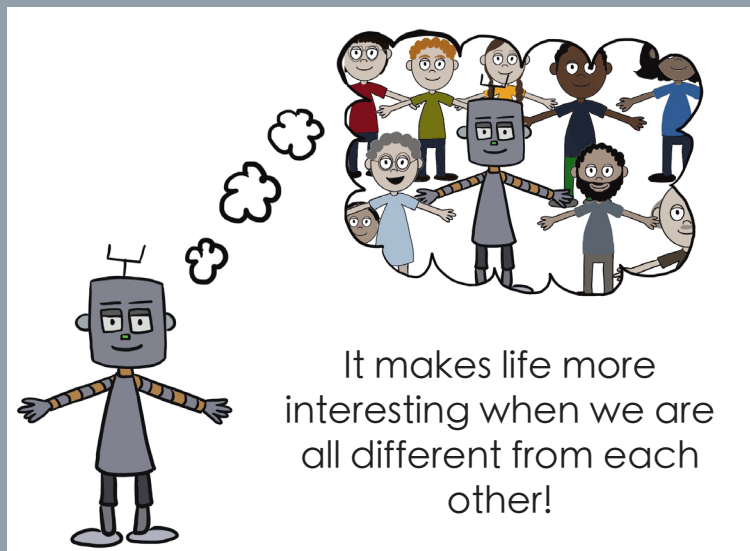
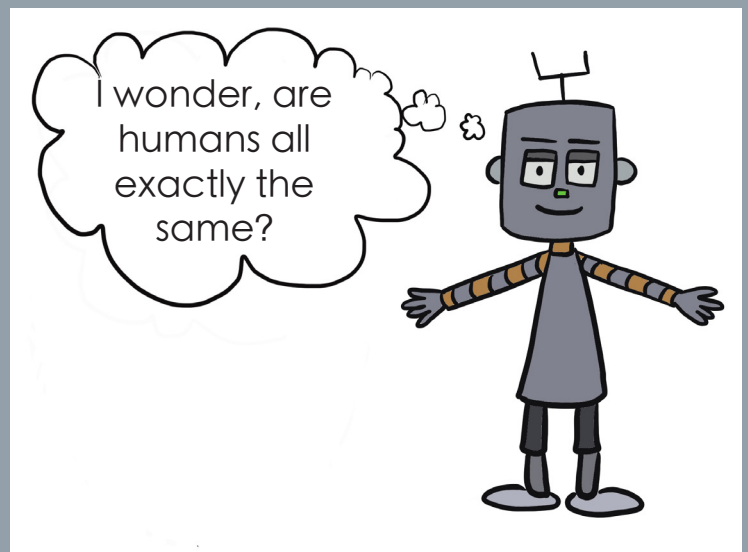
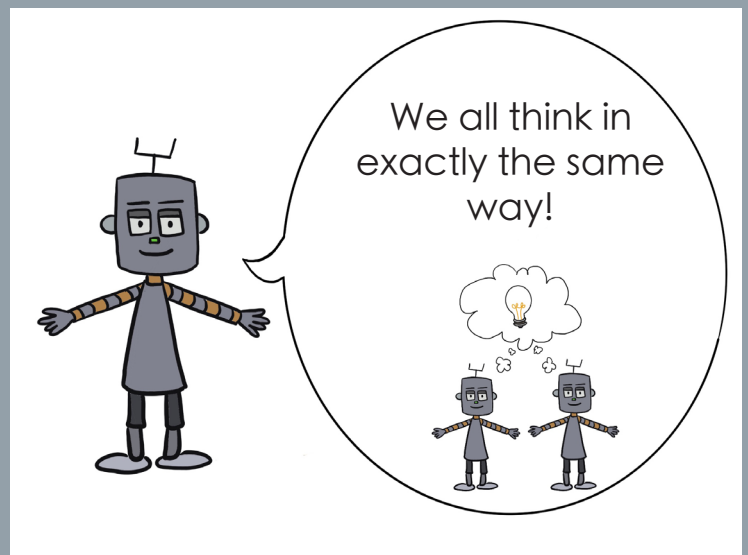
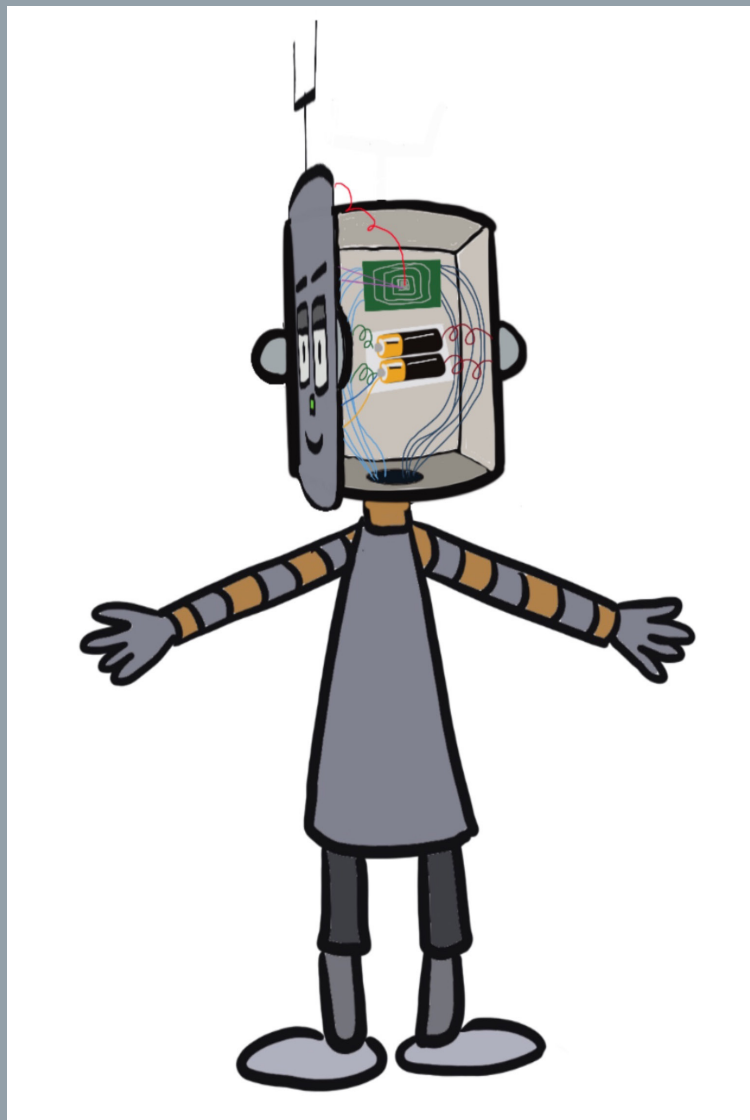
I am just like all  
the other robots I  
know!



We have all  
been made in  
exactly the same  
way.



Look inside my  
head! We robots  
are all wired in the  
same way!

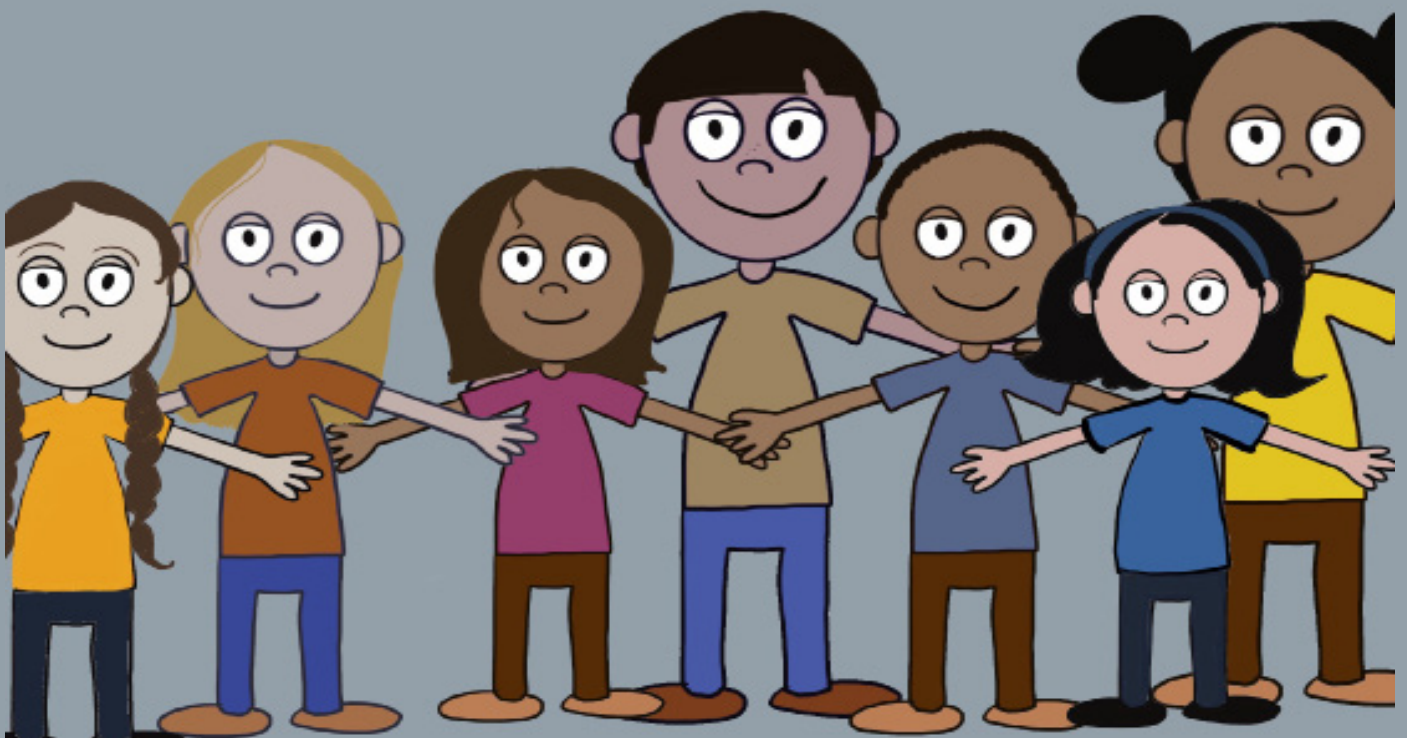


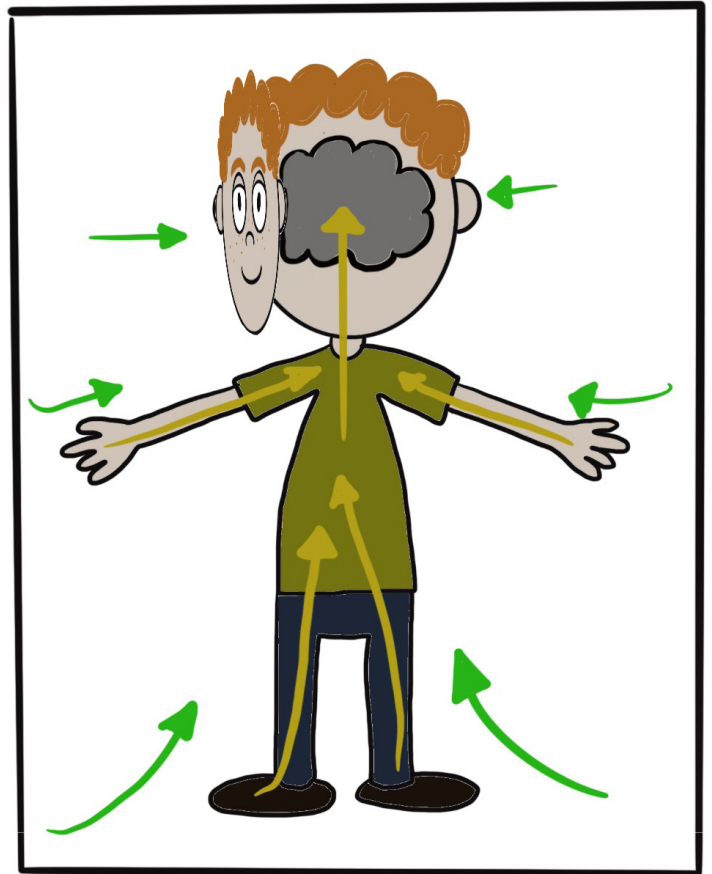
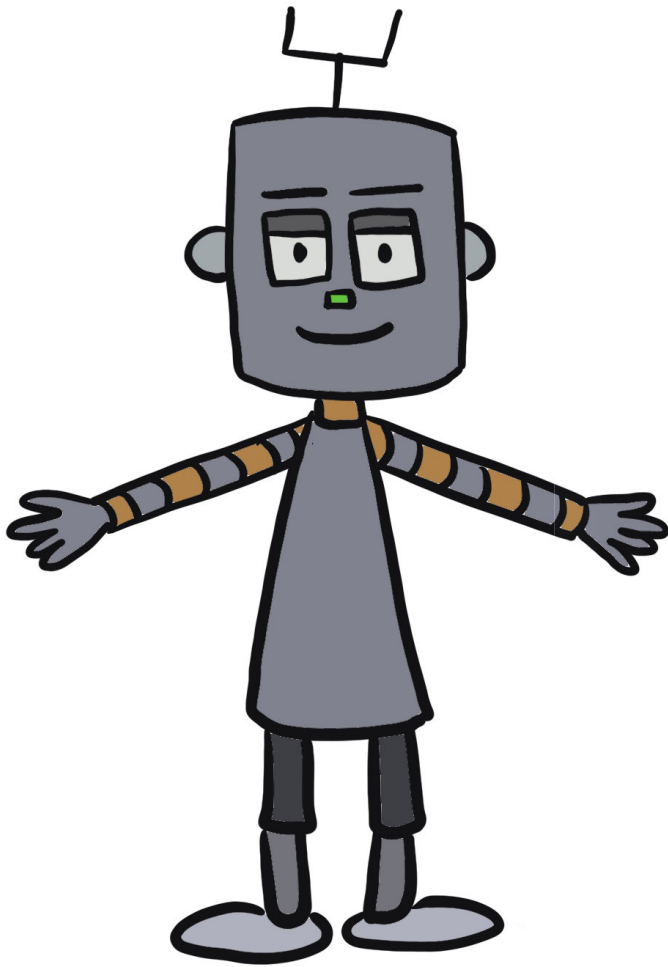
Every Human in the world is different!  
Each of us is unique.  
Even twins are different from each other because each has  
different life experiences.



Some differences are easy to spot, such as the difference between young and old.

Other differences are not visible and you cannot spot them when you look at a group of people.





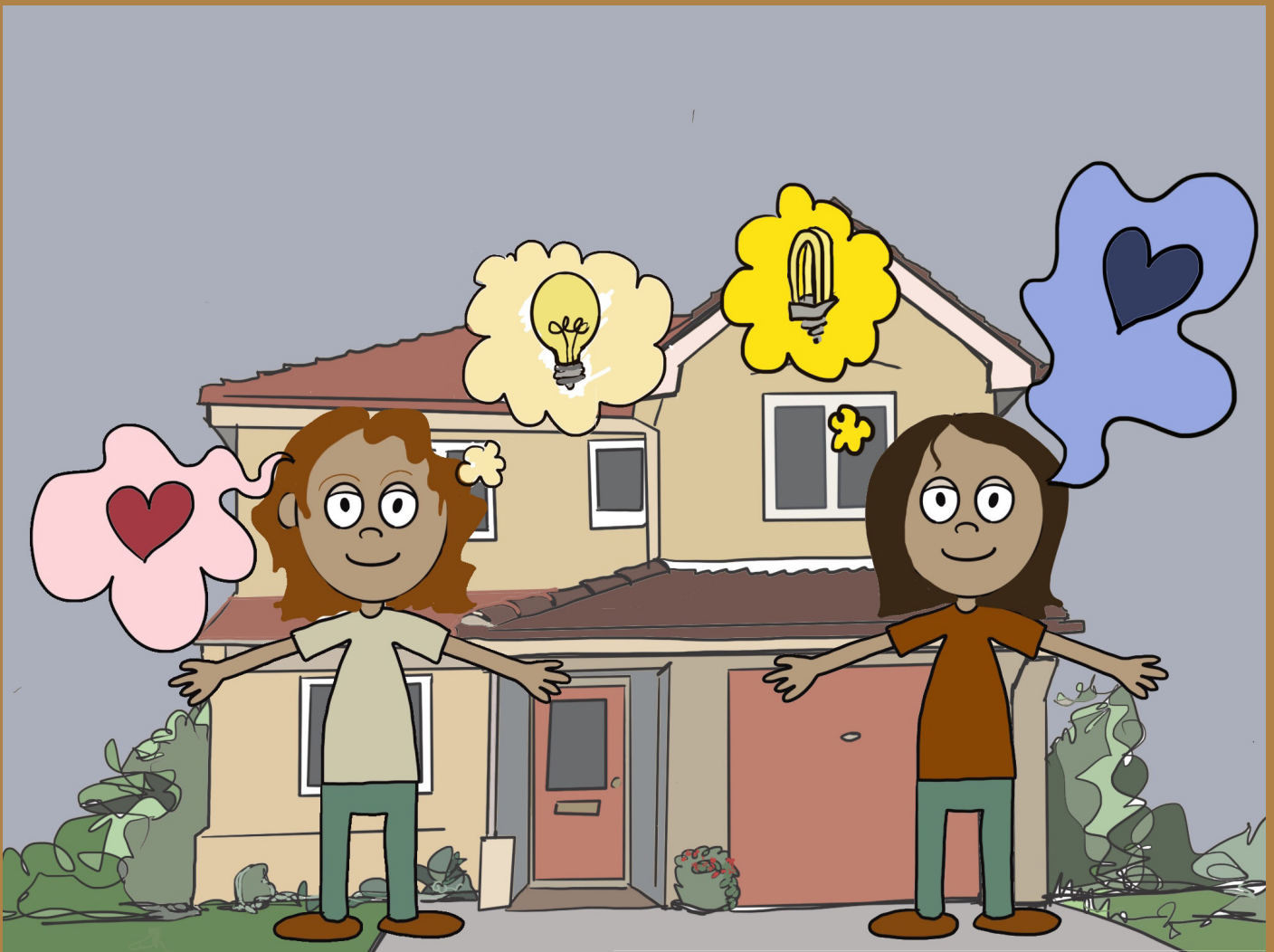
If you look inside a human, you can see they all have a brain and a nervous system.

However, each individual human brain processes information differently.



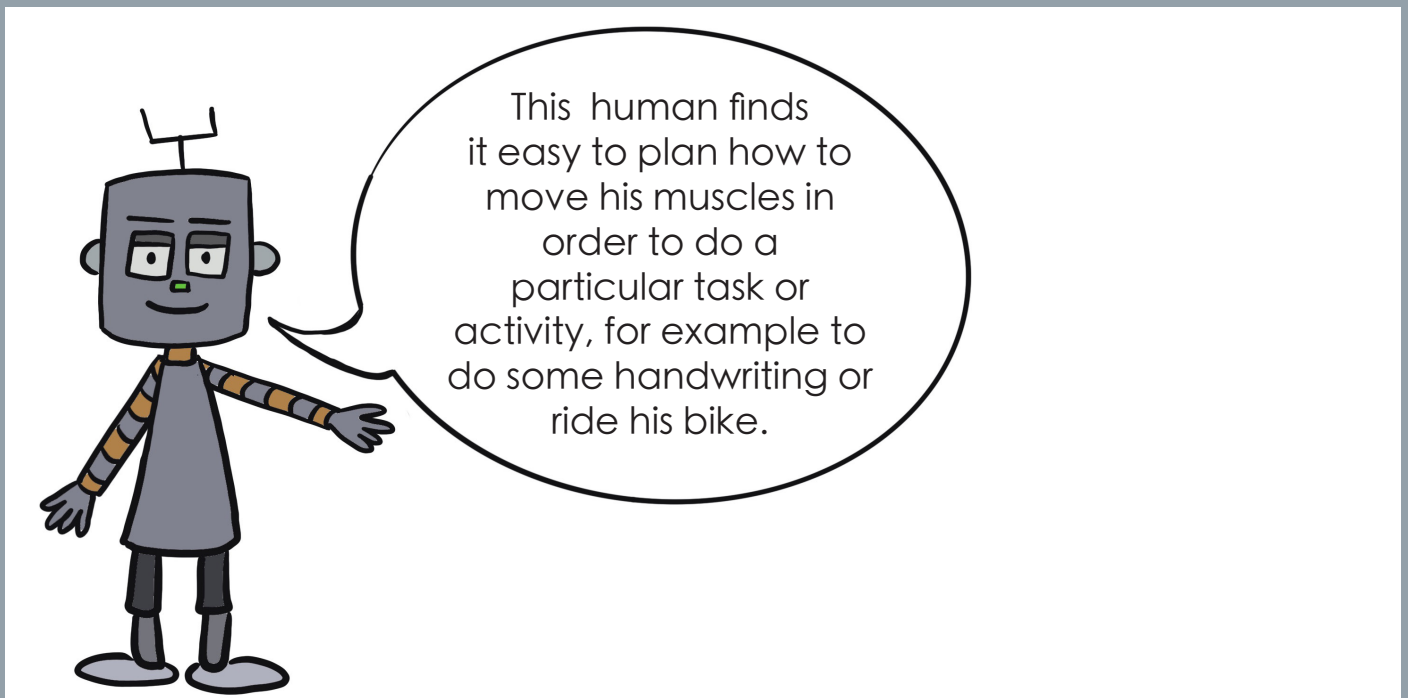
This means that when something happens in the environment, like the school fire alarm goes off unexpectedly or a door slams, each person experiences that event in their own unique way.

That is what makes each of us unique!

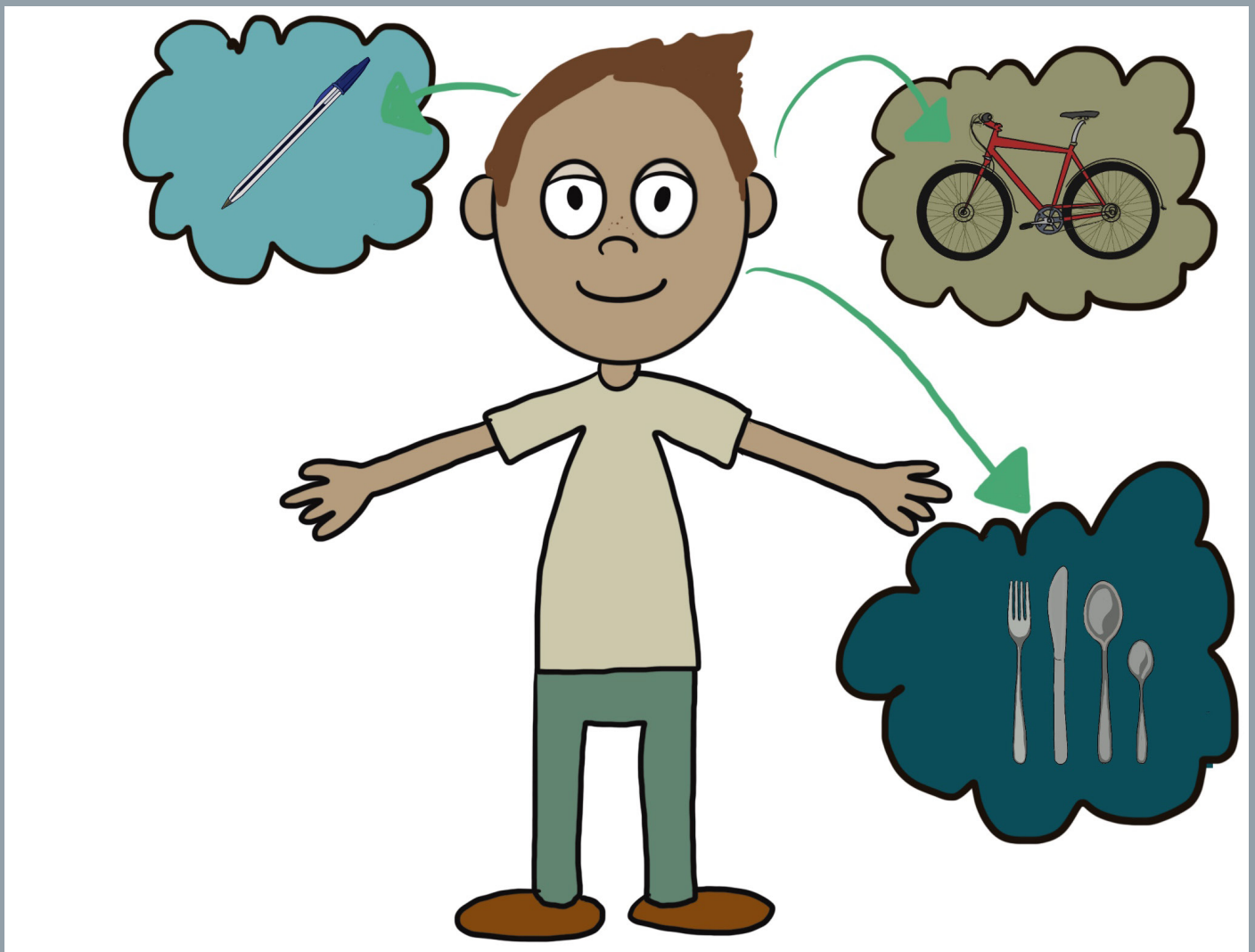


The fact that each individual's brain processes information differently is called

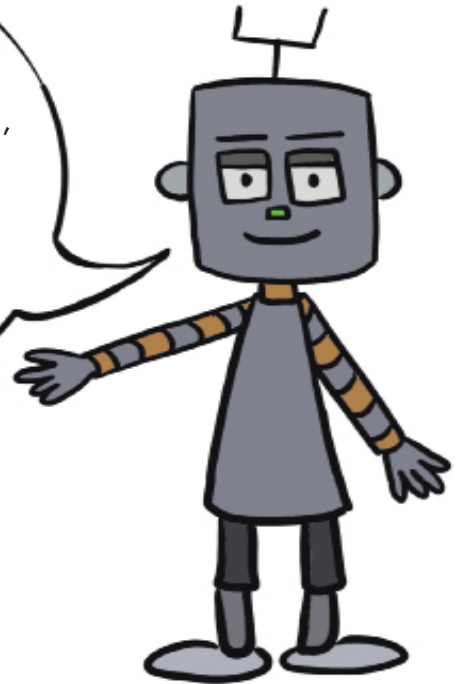
# NEURODIVERSITY



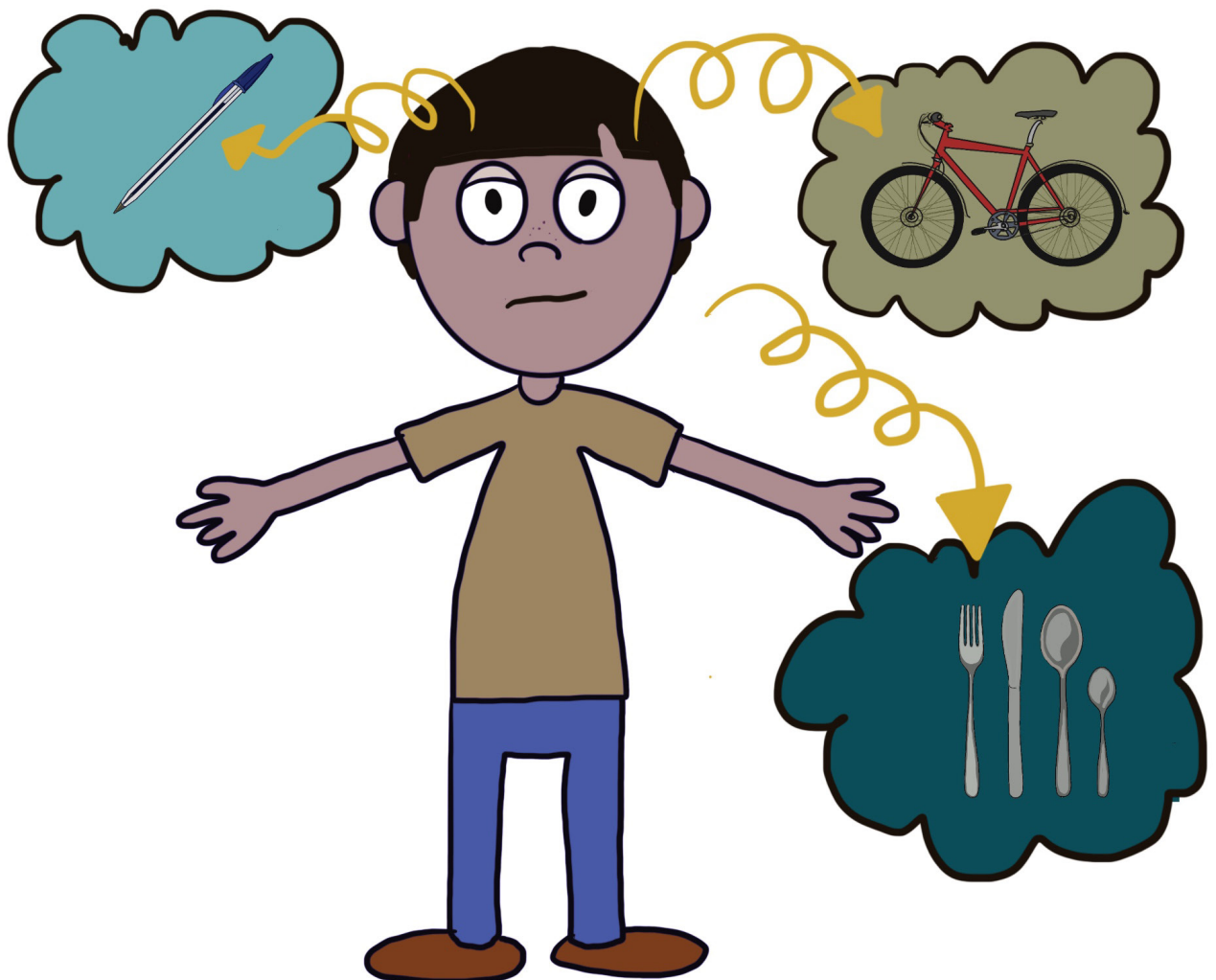
his means that this particular human finds it quite easy to learn new skills.

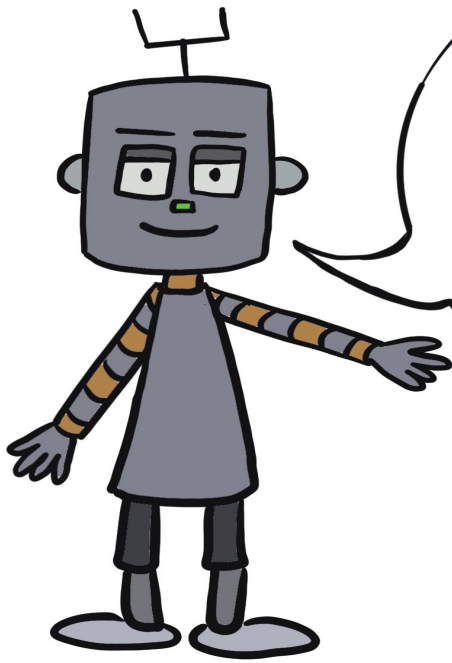


This human finds it difficult to plan how to move his muscles. Because of the way his brain processes information, he has to think very hard and this can be very tiring. Sometimes he becomes frustrated because he knows what he needs to do but finds it difficult to actually do it.



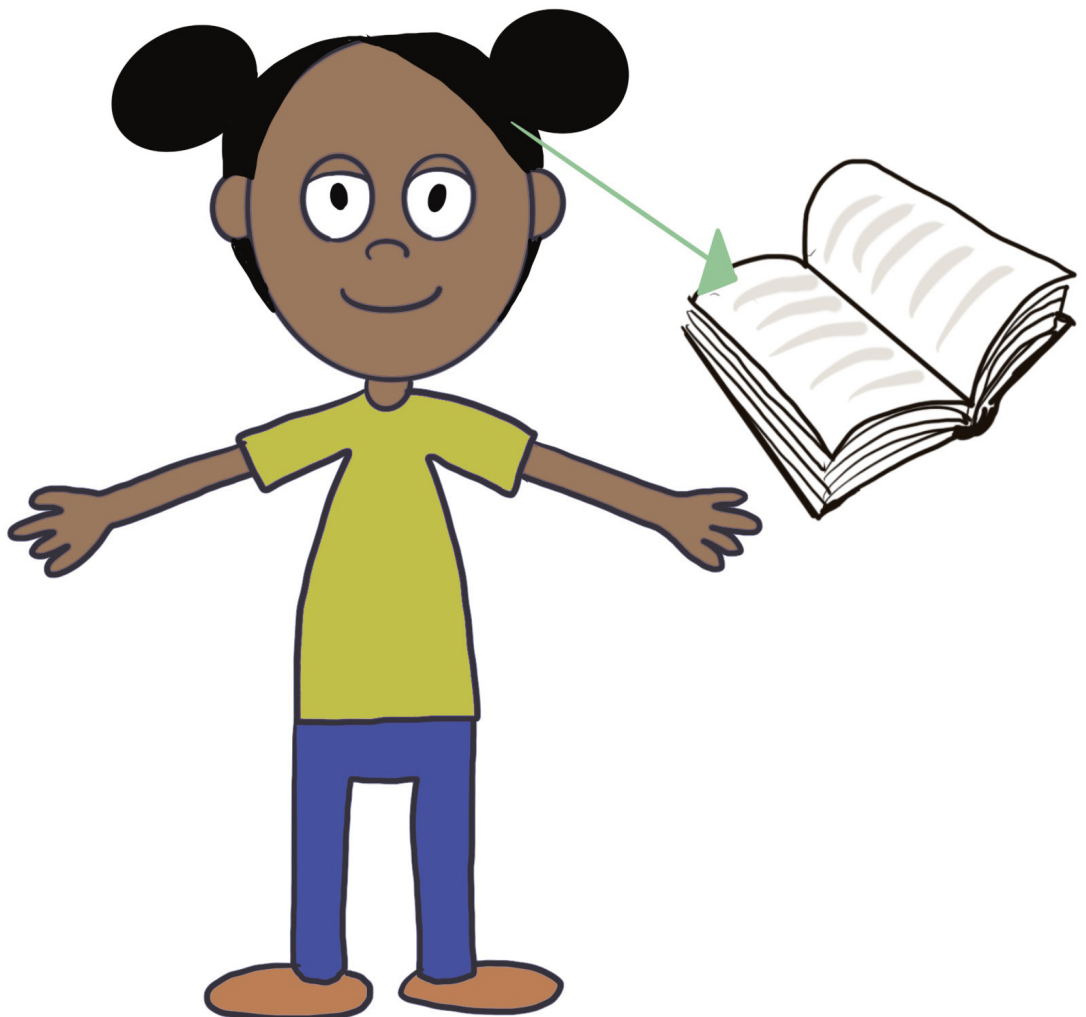
If a person finds it difficult to plan how to move their muscles, it may be because they have dyspraxia. They may need extra support in school.





This human loves reading.  
She put in lots of practice  
but actually found it quite  
easy to learn to read, write  
and spell.

Finding reading easy makes doing her school work easier. She also finds it easy to be organised and to be on time for things.

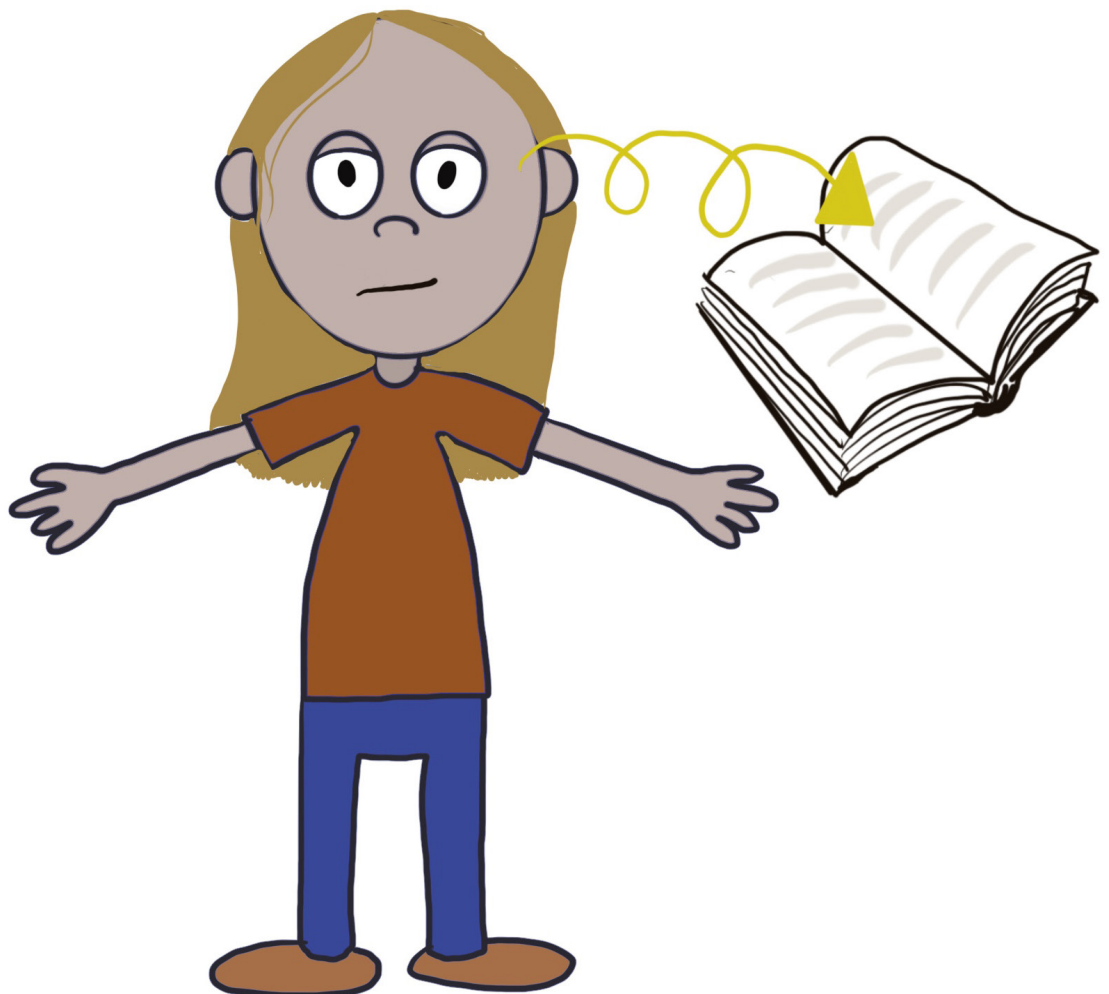


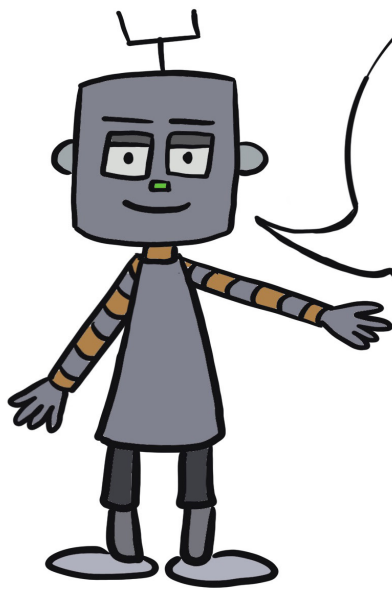


This human found it difficult to learn to read, write and spell. This means that sometimes she finds it difficult to keep up with the lesson and to do her homework.



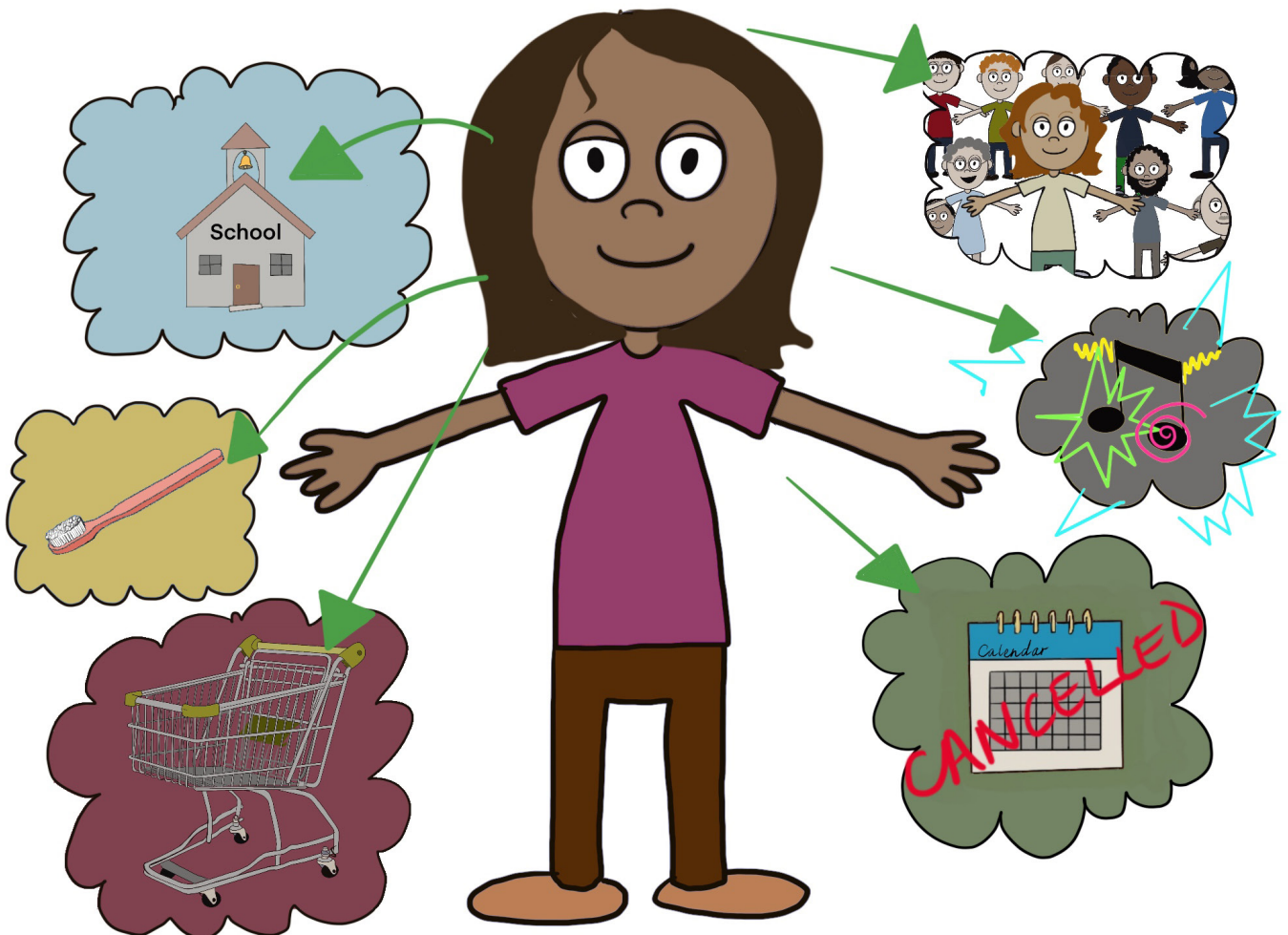
If a person finds reading, writing and spelling difficult, it may be because they have dyslexia. They may need extra support in school.

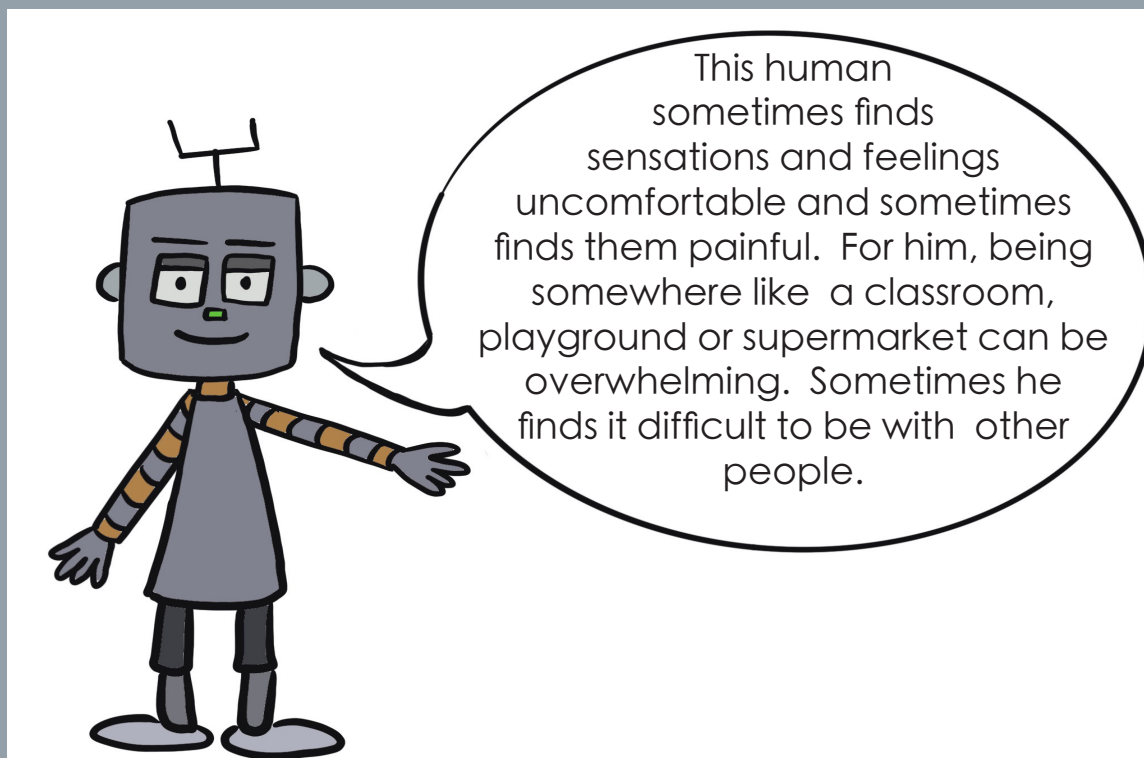




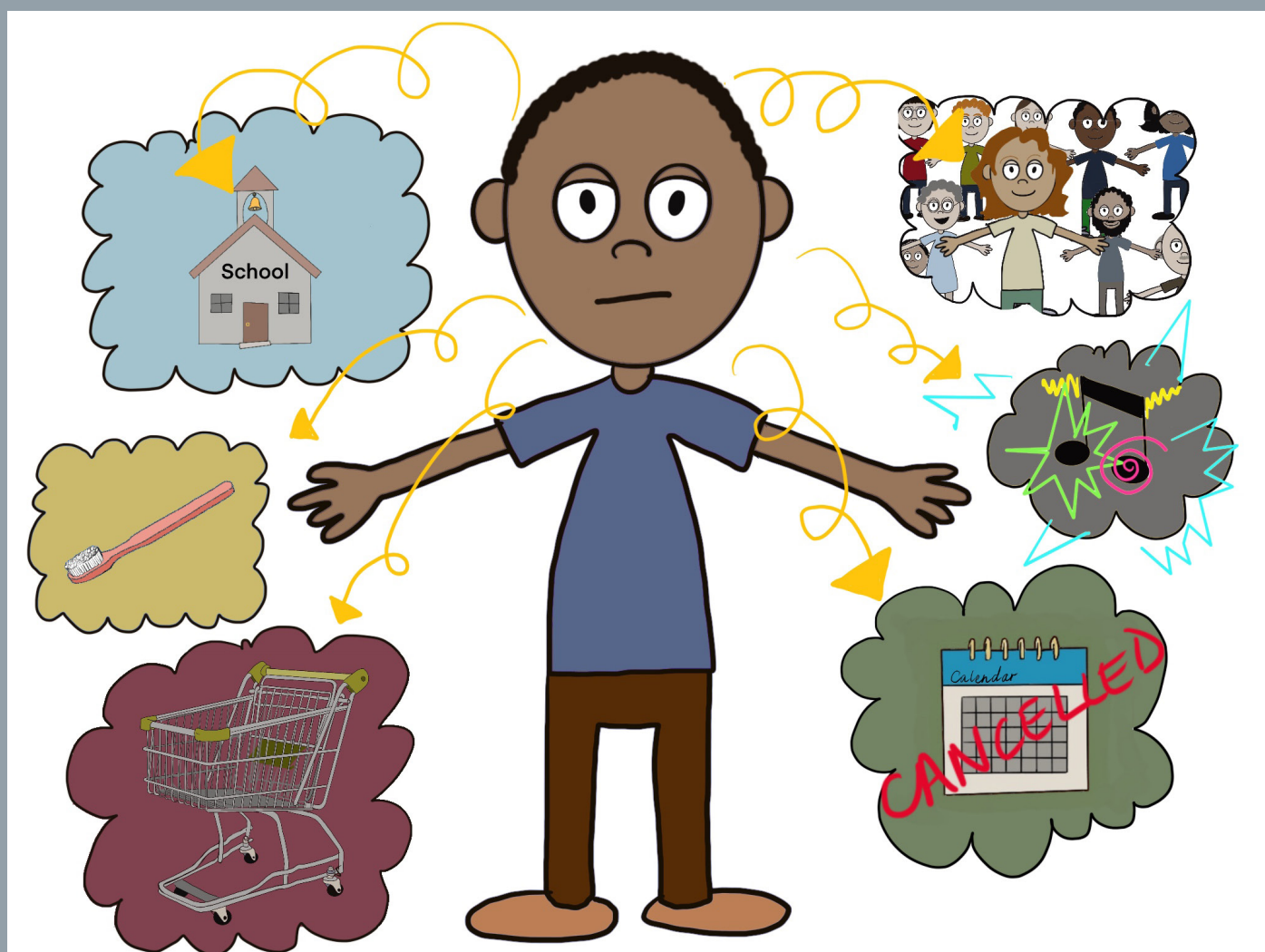
This human feels comfortable in lots of different environments. She loves being with her friends.

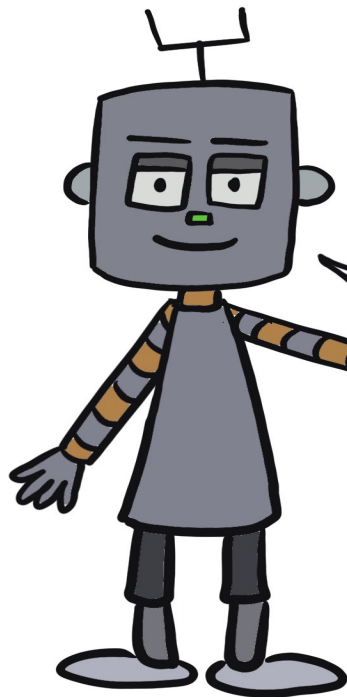
When you are comfortable in an environment and experience feelings of safety, you are able to connect with the people around you, learn new things and deal with whatever comes your way.





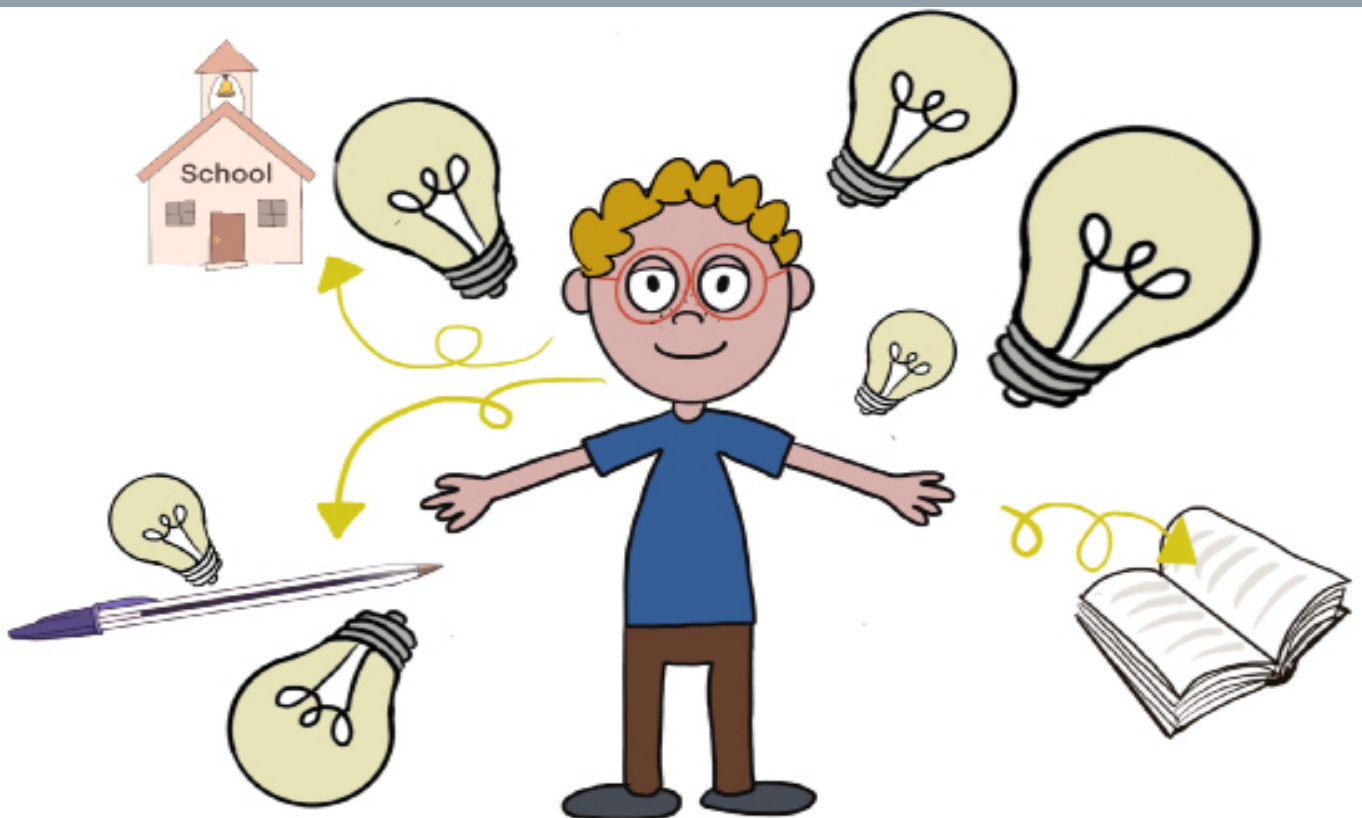
If a person finds it uncomfortable or painful to be in certain places or to spend time with other people, it might be because the person has autism. They may need extra support in school.



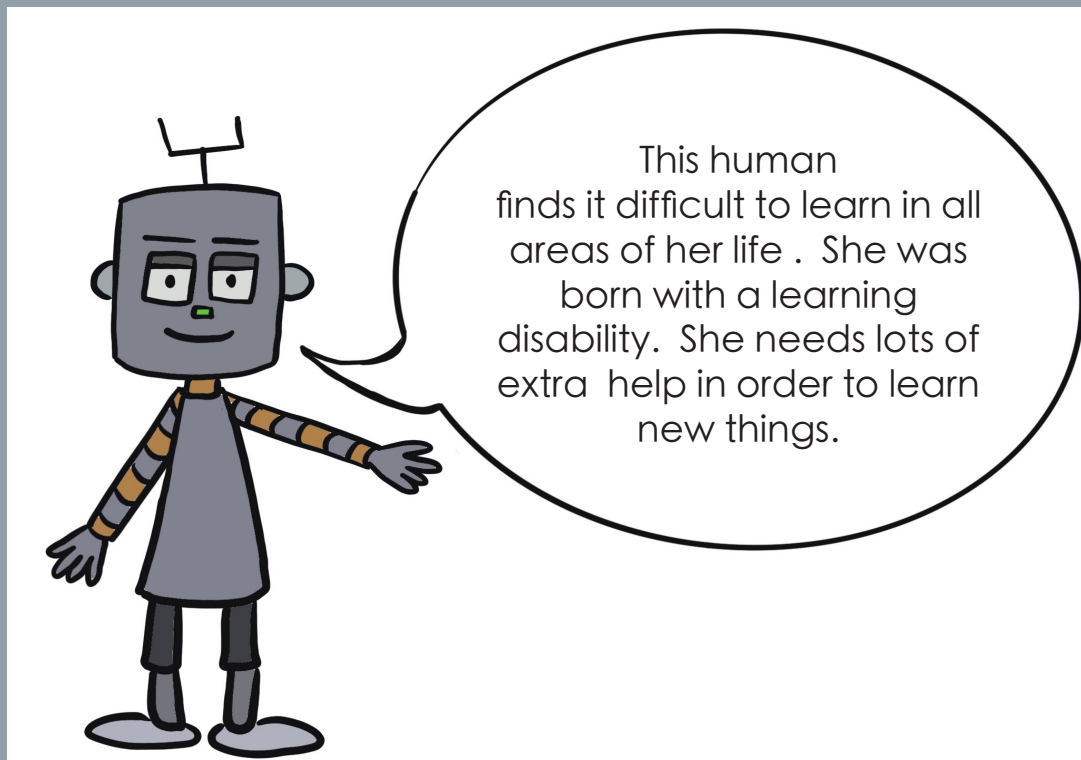


This human gets lots of ideas in his brain and busy feelings in his body. He is often very busy responding to his thoughts and his desire to move. His body likes to be busy and this can make it very difficult for him to concentrate in the classroom and focus on doing his school work.

If a person finds it very hard to concentrate and needs to move their body a lot, it might be because they have ADHD.



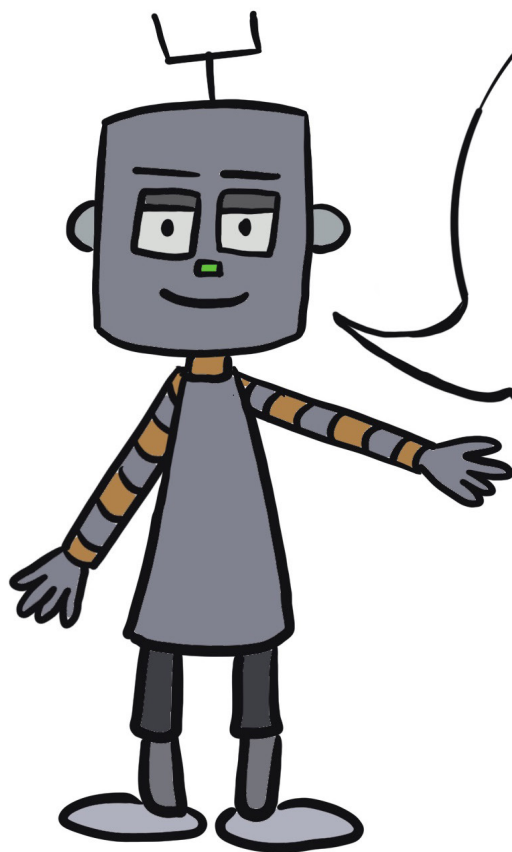




If a person finds it difficult to learn in all aspects of their life, it might be because they have a learning disability. They may need extra support in school.



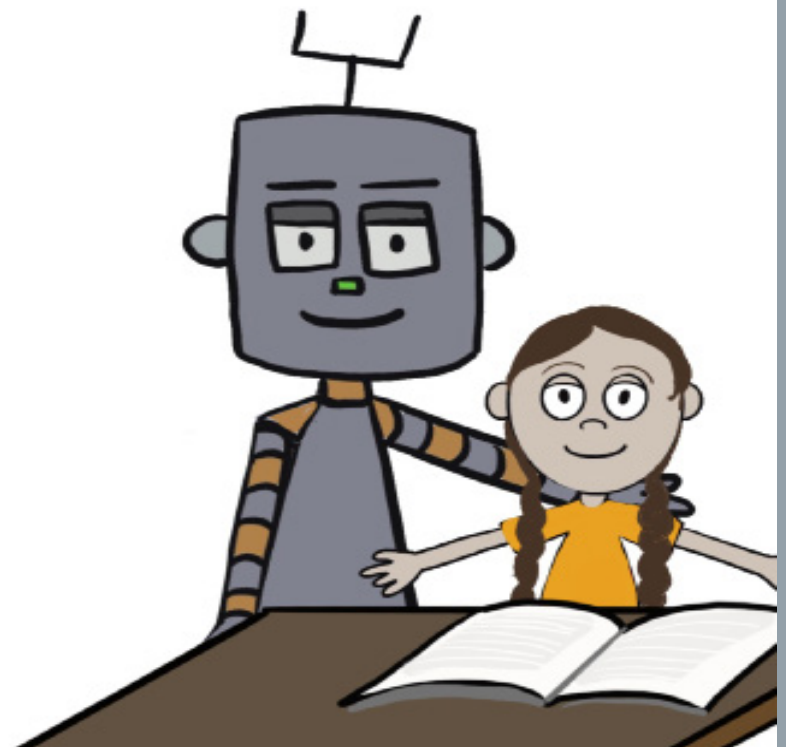


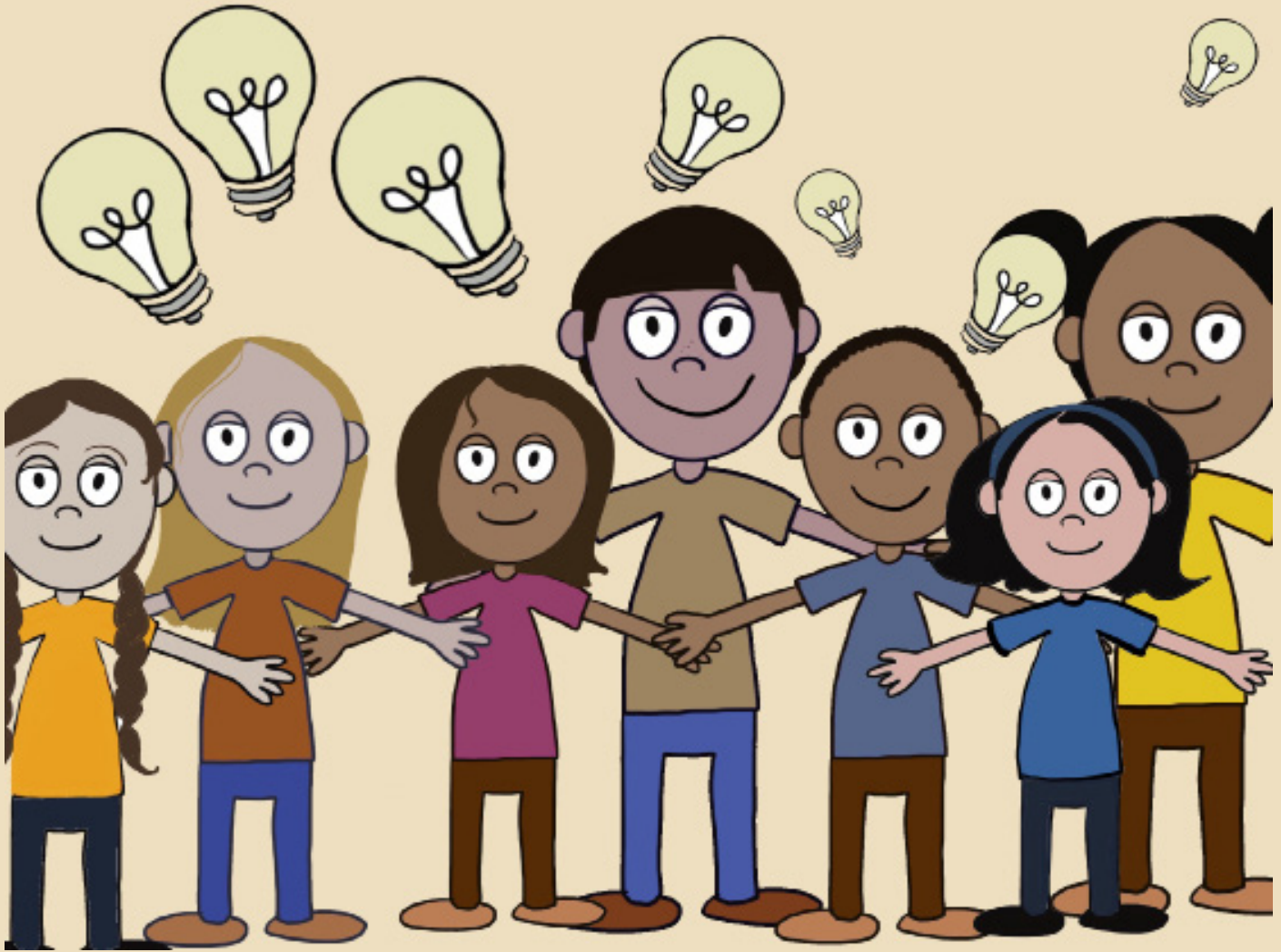


All the different ways that these  
human process  
information - whether they have  
dyspraxia, dyslexia, autism, ADHD or  
a learning disability - are part of the  
variety of human life.

These are all expressions of  
**NEURODIVERSITY.**

When children need extra support in school because of the way their brain  
processes information, we say they have  
additional learning needs.





Learning is not just about what we do in lessons - things like reading and writing and learning facts.

Learning is also about how we live in the world, how we look after ourselves and how we connect with other people.

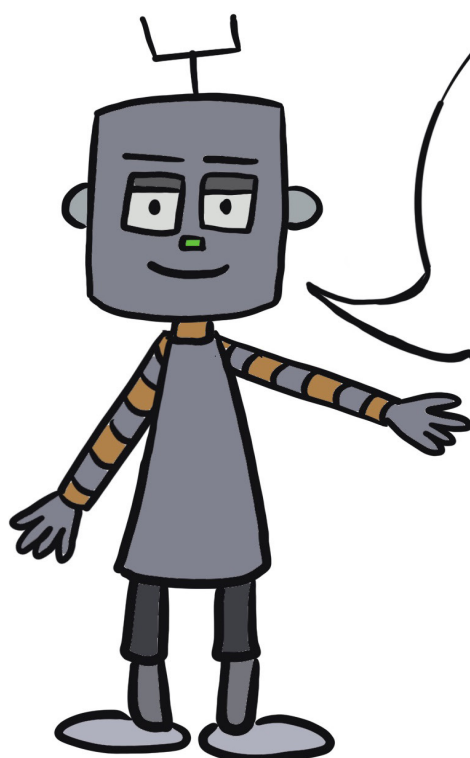
Although children with additional learning needs may find it difficult to do their school work or to interact with their classmates, they often see the world in quite a different way. Because they see and experience the world differently, children with additional learning needs often have amazing creative ideas and think of unusual, fun ways of doing things.

Children with additional learning need can be the most interesting, wonderful friends.

For many children, learning new things  
is like walking along a nice straight  
path.



This boy can move  
along the path freely  
without barriers.



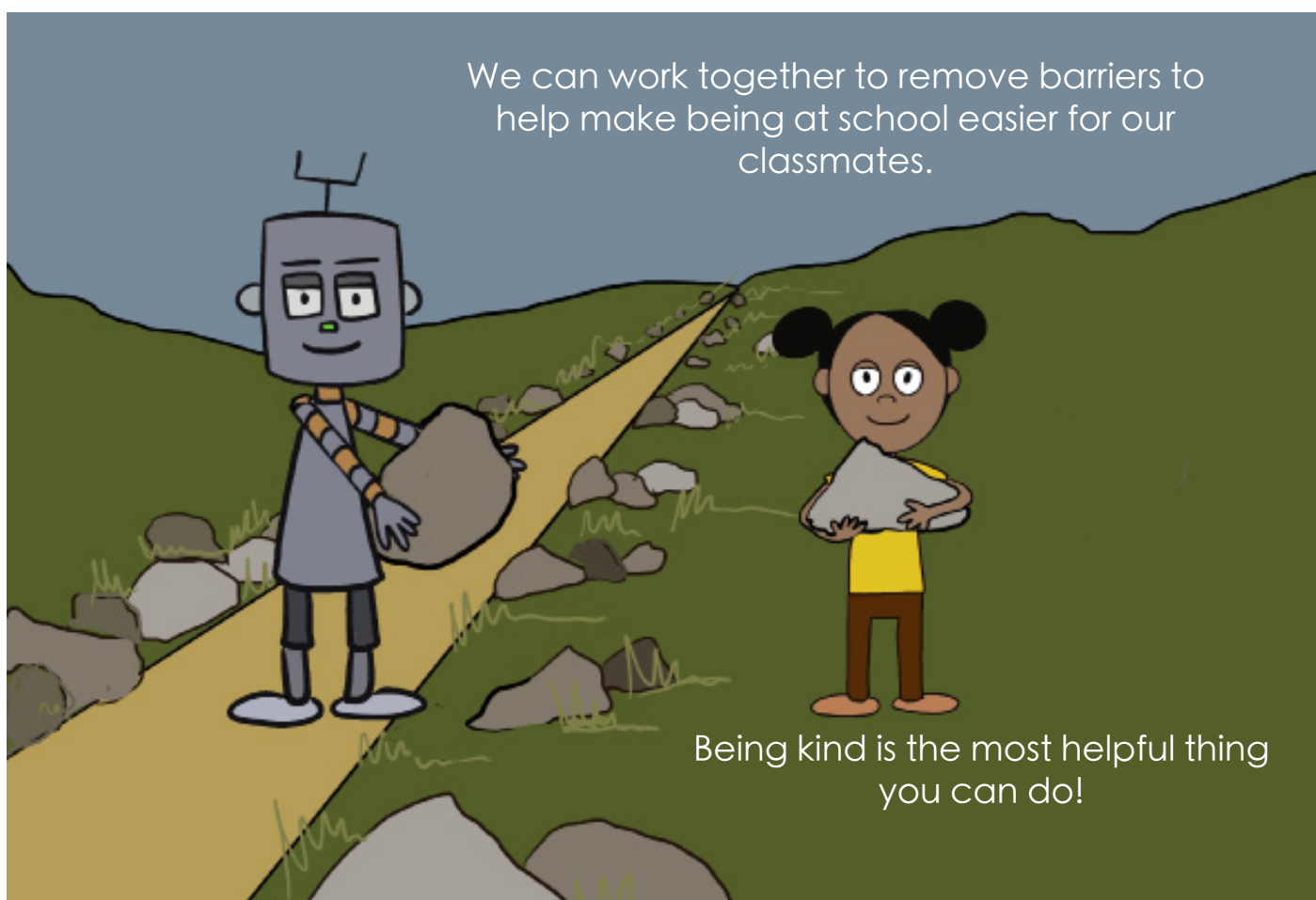
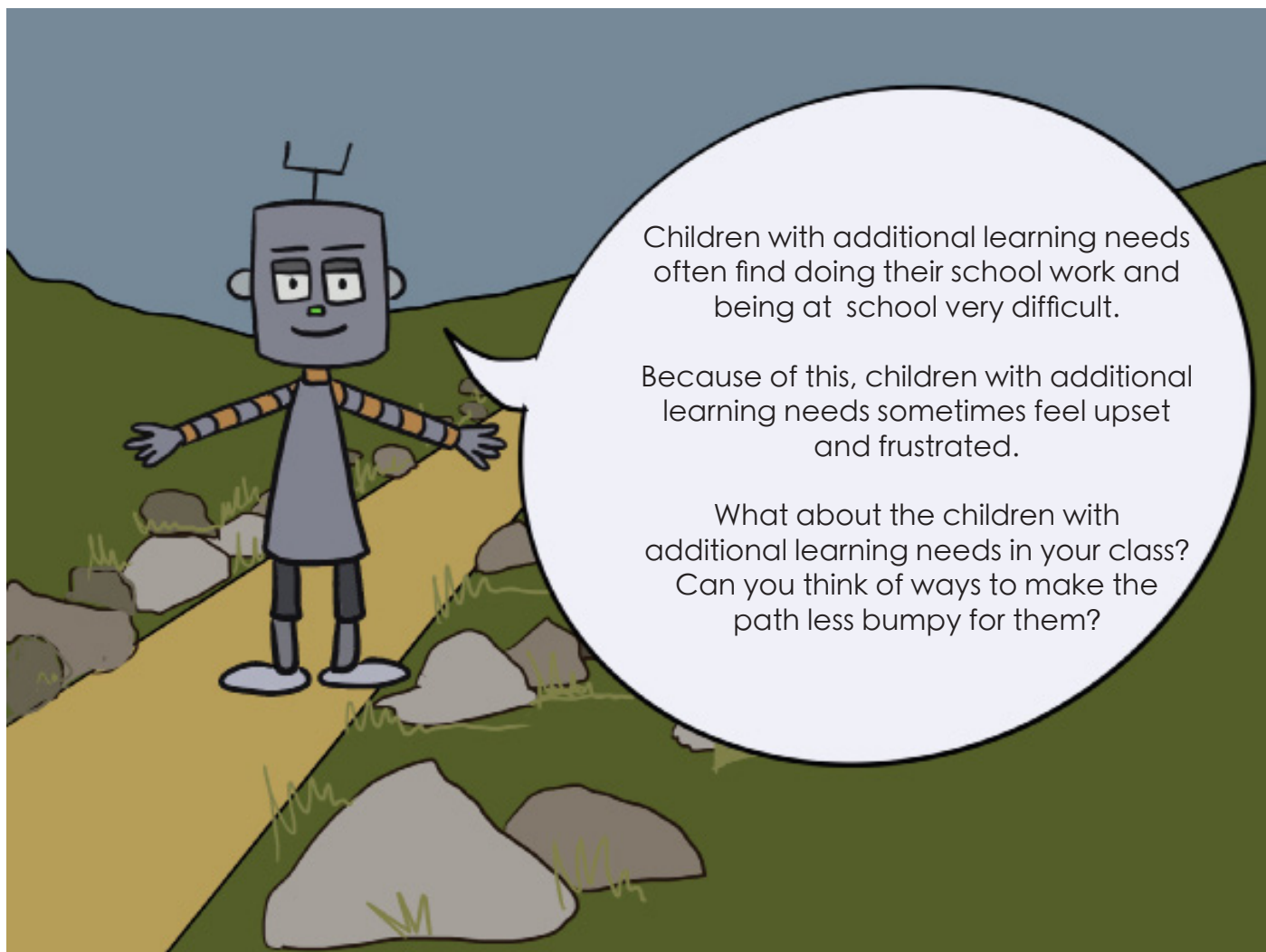
For some children, such as those  
with with additional learning  
needs, it is not so easy to  
concentrate and learn new  
things.

This boy has additional learning needs.  
He can see the path, but he is not always  
able to stay on the path. There are rocks  
and bumpy ground in the way. These  
barriers make it more  
difficult for him to learn.



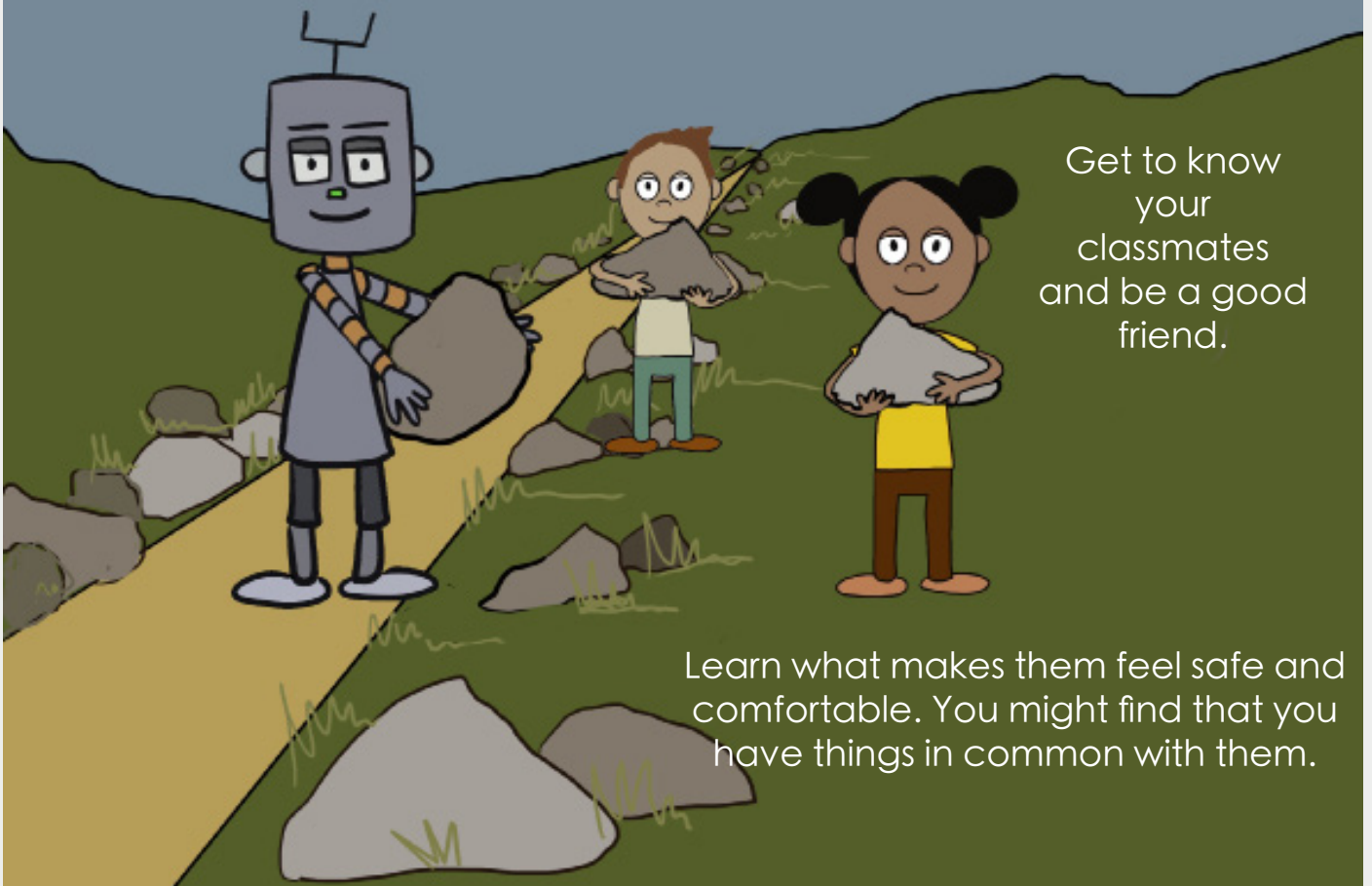
How do you think the boy with  
additional learning needs might feel?







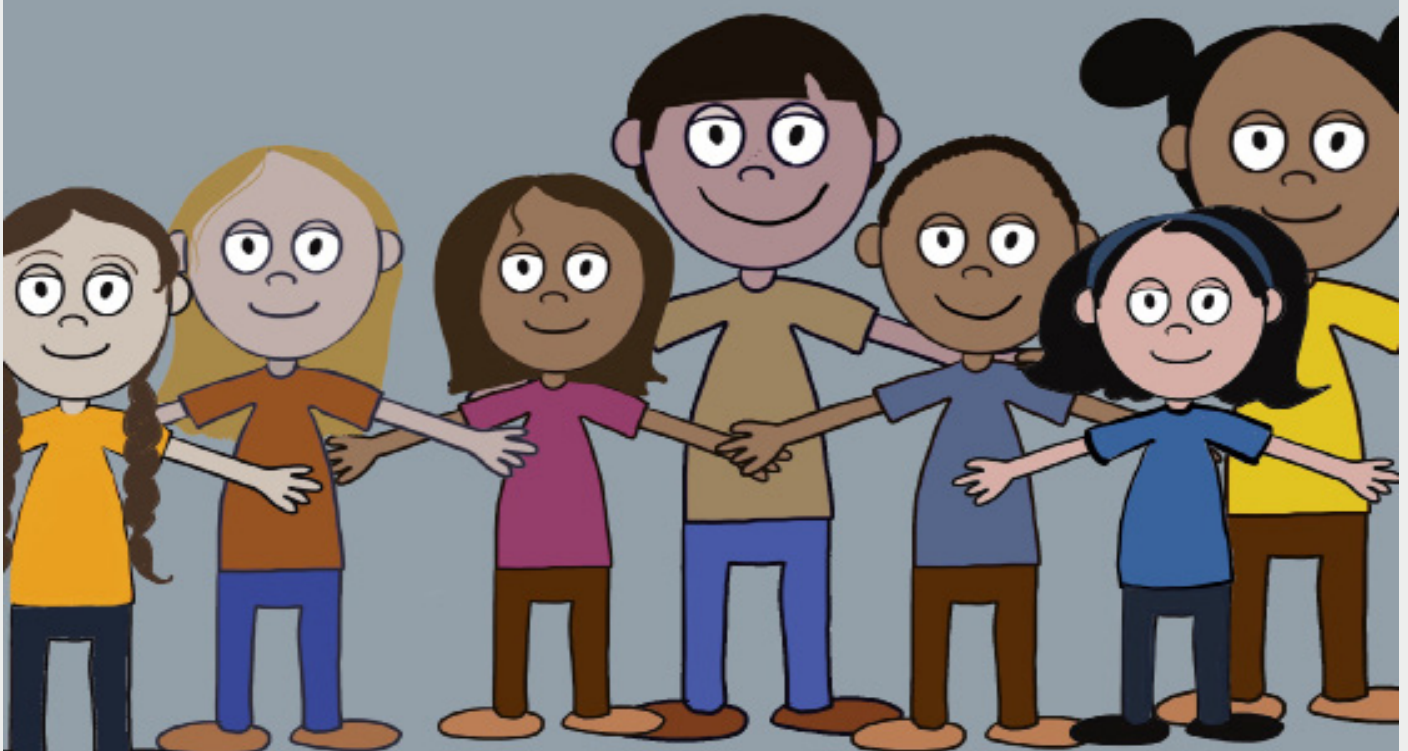
Offer encouragement and support if your classmates are finding things difficult.



Get to know your classmates and be a good friend.

Learn what makes them feel safe and comfortable. You might find that you have things in common with them.

Everything feels easier when you have friends who care.

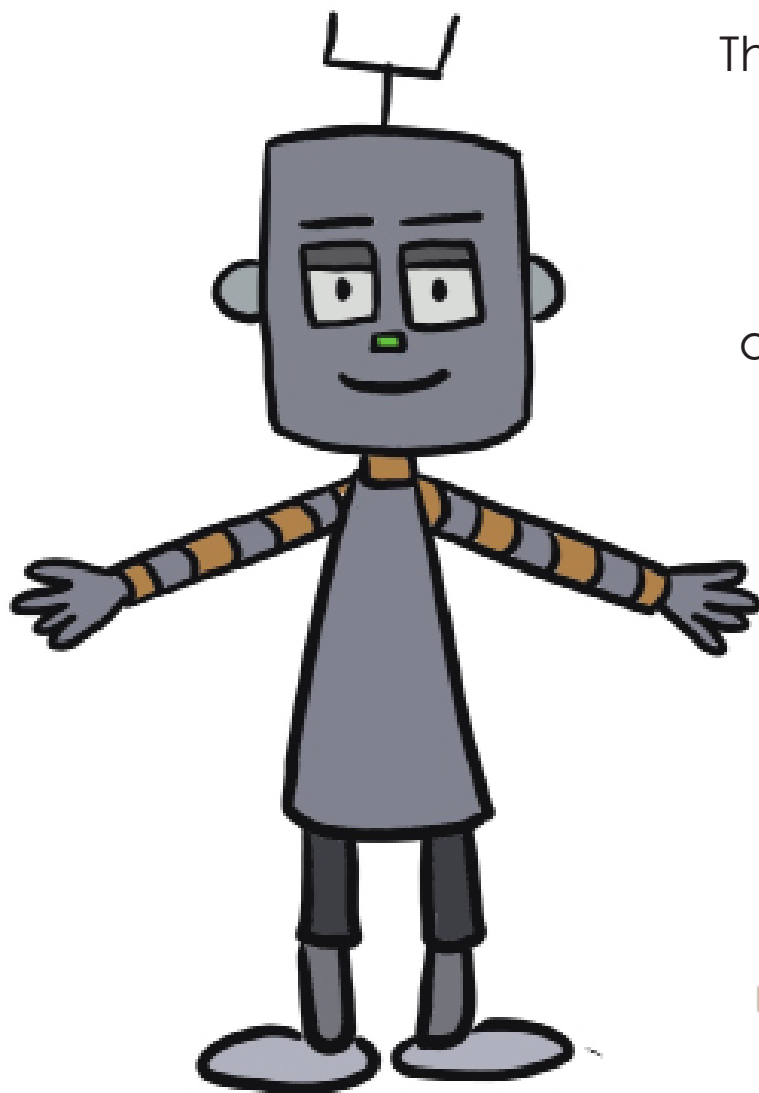




# autism wellbeing

There is an animated film to  
accompany  
'Making Sense of Humans.'  
This can be found on our website  
at  
[www.autismwellbeing.org.uk](http://www.autismwellbeing.org.uk)

This publication and the  
accompanying film have been  
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BRECHFA FOREST WEST WIND FARM  
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